



Sailing Instructions
Orkney Island Games 2025



13th – 18th July 2025

Kirkwall, Orkney, Scotland

Organising Authority: Orkney Sailing Club

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1. RULES

- 1.1. The event will operate in accordance with the International Island Games Association (IIGA) Sailing By-laws dated January 2023 and will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.2. ILCA Class rule 7(a) is changed as follows: "Only one competitor shall be on board whilst racing. The competitor shall be named on the entry form."
- 1.3. [NP] [DP] All competitors and support persons shall follow any reasonable instructions given by a Race Official.
- 1.4. RRS 90.3(e) applies.

2. NOTICES TO COMPETITORS

- 2.1. Notice to competitors will be posted on the Official Notice Board, location is stated in NOR 3.1.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the Sailing Instructions will be posted before 0800 on the day it will take effect. Any change to the schedule of races will be posted by 2000 the day before it will take effect.

4. REGISTRATION, BOATS AND EQUIPMENT INSPECTION

- 4.1. Each competitor/ Island Nation shall register according to the Island Games requirements and shall complete all required equipment inspections formalities before racing. A competitor that does not complete all required registration and equipment formalities will not be entered to the event under RRS 75.

4.2. Equipment, including wet clothing, may be inspected at any time for compliance with the class rules and the Sailing Instructions according to the following procedures:

4.2.1. A competitor may be instructed by the technical committee, either ashore or on the water, to proceed immediately to the inspection area for inspection.

4.2.2. Until permission is given by the technical committee, a competitor once instructed to proceed for inspection, shall have no unauthorised contact with any support person, no person shall join or leave the boat, no equipment or other item shall be taken on or off that boat and the boat shall not leave the inspection area.

5. SIGNALS MADE ASHORE

5.1. Signals made ashore will be displayed from the official flagpole.

5.2. The location of the official flagpole is outlined in NOR 3.1

5.3. [DP] A boat shall not leave the shore until flag D (with one sound signal) is displayed. The warning signal will be made not less than 30 minutes after flag D is displayed.

5.4. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP. This changes RRS Race Signals.

6. SCHEDULE OF RACES

6.1. The schedule of Races is outlined in NOR 7.1

6.2. Two (2) races for each class are scheduled per day.

6.3. The schedule may be changed to sail more than 2 races a day, when behind schedule. However, no more than 4 races per class per day will be sailed.

6.4. Succeeding races will be started as soon as practicable after the finish of the previous race.

6.5. To alert boats that a sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

6.6. If the Reserve Day is to be utilised, no warning signal will be made after 1400.

7. CLASS FLAGS

7.1. The class flag for the ILCA 6 fleet will be the official ILCA 6 flag (red ILCA letters on a green background).

7.2. The class flag for the ILCA 7 fleet will be the official ILCA 7 flag (red ILCA letters on a white background).

8. RACE AREA

8.1. NOR 9.1 outlines the race area.

8.2. [DP] Boats not racing shall avoid the racing area.

9. THE COURSES

- 9.1. Appendix A shows the course designations, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2. The leeward gate may be replaced by a single mark, in this case, the mark shall be left to port.

10. MARKS

- 10.1. The marks are
 - 10.1.1. Port end starting mark – Orange dumpy cylindrical inflatable
 - 10.1.2. Mark 1 – Orange cylindrical inflatable
 - 10.1.3. Mark 1a – Orange cylindrical inflatable
 - 10.1.4. Mark 4p, 4s – Orange cylindrical Inflatable
 - 10.1.5. Port-end finishing mark – Blue dumpy cylindrical inflatable

11. THE START

- 11.1. The starting line will be between a staff displaying an orange flag on the race committee vessel and the course side of the starting mark.
- 11.2. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.
- 11.3. If RRS 30.4 (Black Flag Rule) is displayed, it is supplemented as follows:
 - 11.3.1. Sail numbers will be displayed for at least 3 minutes. A long sound signal will be made when the numbers are initially displayed. A boat whose number is so displayed shall leave the racing area, defined in SI 8.1 before the new preparatory signal. If she fails to do so, she will be scored Do Not Exclude (DNE).
 - 11.3.2. For the purposes of RRS 30.4, a race is 'restarted or resailed' when it has the same race number as a previously abandoned or recalled race.

12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1. To change the next leg of the course, the race committee will move the original mark or move the finishing line to a new position.
- 12.2. The position of any mark(s) may be adjusted by up to plus or minus 10 degrees relative to previous location and up to approximately 100 metres to windward or leeward without signalling Flag C, a direction signal, length signal or a sound signal. This changes RRS 33.
- 12.3. Any action or no action by the race committee under this instruction will not be grounds for redress under RRS 61.4(b).

13. THE FINISH

- 13.1. The finishing line will be between a staff displaying a blue flag on the race committee vessel and the course side of the finishing mark.

14. TIME LIMITS

- 14.1. The race target time is 45 minutes.
- 14.2. The race time limit is 75 minutes.
- 14.3. The race finishing window is 10 minutes.
- 14.4. Failure to meet the target time will not be grounds for redress. This changes RRS 61.1(a).
- 14.5. The finishing window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the finishing window, and not subsequently retiring, penalised or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the finishing window. This changes RRS 35, A5.1, A5.2 and A10.

15. HEARING REQUESTS

- 15.1. Hearing request forms are available from the Race Office (location outlined in NOR 3.1). Protests and requests for redress or reopening shall be delivered there within the time limit.
- 15.2. For each class, the protest time limit is 60 minutes after the last boat in its class has finished the last race of the day, or the race committee signals no more racing today, whichever is later.
- 15.3. Notices will be posted within 30 minutes of the protest time limit for each fleet to inform competitor of hearings in which they are parties or named as witnesses.
- 15.4. Hearings will be held in the Hearing Room, outlined in NOR 3.1.
- 15.5. To request correction of an alleged error in posted race or series results, a boat shall complete a Scoring Enquiry Form, available from the Race Office.
- 15.6. A request for redress based on an incident identified in a scoring enquiry will meet the time limit if:
 - 15.6.1. The scoring enquiry was submitted within the time limit specified in SI 15.2; and
 - 15.6.2. The request for redress is delivered as soon as reasonably possible after being notified of the race committee's response to the scoring enquiry.
- 15.7. A list of boats that have been penalised for breaking RRS 42 will be posted after racing each day.

16. SCORING

- 16.1. As outlined in NOR 12.

17. MEDALS

- 17.1. As outlined in NOR 17.

18. [DP] [NP] SAFETY

- 18.1. RSS 40.1 Personal Flotation Devices applies at all times afloat, including support vessels.
- 18.2. Check-out & Check-in – Tally system
 - 18.2.1. When going out to the race, each competitor intending to race shall personally receive a tally against their boat and/or sail number.
 - 18.2.2. On returning ashore, even after the display of AP/H, AP/A, N/H or N/A where no race has been completed after launching, each competitor shall personally check-in, and return their tally within their protest time limit.
 - 18.2.3. Tally will be available from the bottom gate of the Training Centre compound.
 - 18.2.4. Failure to Check-out will result in a 1-point penalty for the next race completed, even if no race is completed on the day of the infringement.
 - 18.2.5. Failure to Check-in will result in 1-point penalty for the last race completed, even if no race was completed on the day of infringement
 - 18.2.6. Only one 1-point penalty for infringements of SI 18.2.4 and SI 18.2.5 will be applied by the Race Committee without a hearing. A competitor shall not be scored worse than a disqualified competitor This changes RRS 60.1 and A5.
- 18.3. A competitor that retires from a race shall notify a race committee, safety or jury vessel as soon as reasonably possible, and shall inform the race office immediately after returning ashore.
- 18.4. Competitors not racing for any of the racing days shall inform the race office as soon as possible.
- 18.5. When the race committee displays flag V with repetitive sounds, all official and support vessels shall monitor the race committee VHF channel for instructions and assist in search and rescue operations.
- 18.6. If a boat is abandoned, it will be marked with a hazard tape tied through the bow eye to signal that the competitor is safe.

19. OFFICIAL VESSELS

19.1. Official vessels will be marked as follows:

| | |
|----------------|--|
| Jury | White Flag with letter 'J1' in dark colour |
| Race Committee | White Flag with Letter 'RC' in dark colour |
| Media | White Flag with Letter 'P1' to 'P2' |
| Mark Boats | White Flag with Letter 'MW', 'MG' or 'ML' |
| Safety | White Flag with Letter 'S1' to 'S4' |

19.2. Failure of an official vessel to fly an identifying flag shall not be grounds for redress by a boat. This changes RRS 61.1(a).

19.3. Actions by the official vessels shall not be grounds for redress by a boat. This changes RRS 61.1(a).

20. WASTE DISPOSAL

20.1. Waste shall be placed aboard support or official vessels.

21. DISCLAIMER OF LIABILITY

21.1. Competitors participate in the event entirely at their own risk. See RRS 3, Decision to Race. The organising authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with, or prior to, during, or after the event.

Appendix A - Course Diagram

Course:
Start, 1, 1a, 4s/4p, 1, 1a, 4p, Finish
If mark 4s is missing, round 4p to port.

